

## After the procedure

- You will be taken to the recovery area for bed rest for 1-2 hrs.
- You will have a chest x-ray, to determine if it is safe for you to go home.
- Tell the nurse if you feel any pain.
- It is common to experience mild soreness at the site of the biopsy for a few days.
- It takes about a week for your biopsy results to come back.
- You will be contacted for a follow up appointment to review the results when they are available.

## After you go home

For the first 24 hours after your procedure:

- Rest and relax as much as possible
- No heavy lifting/strenuous activity
- Do not operate a motor vehicle or heavy machinery
- Do not fly in an airplane for 7 days.

**Go to your nearest Emergency Room if you experience any of these new or progressive symptoms:**

- Chest pain
- Shortness of breath
- Fever (>38.5°C or 101.3°F)
- Heart palpitations
- Persistent coughing up blood
- Loss of consciousness
- Skin swelling

## Kingston Health Sciences Centre

Centre des sciences de  
la santé de Kingston



Hôpital  
Hotel Dieu  
Hospital



Hôpital Général de  
Kingston General  
Hospital

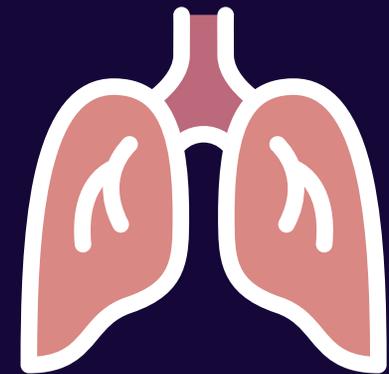
**Kingston Health Sciences Centre  
Imaging Services**

76 Stuart St., Kingston, ON, Canada K7L 2V7  
Tel: 613.549.6666 [www.KingstonHSC.ca](http://www.KingstonHSC.ca)

KHSC PS#187 2019/11

Kingston Health  
Sciences Centre

Centre des sciences de  
la santé de Kingston



## What You Need to Know About Your Lung Biopsy

Patient Education  
and Information



Hôpital  
Hotel Dieu  
Hospital



Hôpital Général de  
Kingston General  
Hospital

## What is a lung biopsy?

A lung biopsy is a procedure to collect a small sample of tissue. The tissue is then sent to a laboratory to determine if you have lung cancer or some other lung disease.

## Preparing for a biopsy

Some medications may increase your risk of bleeding during or after your procedure. The clinic doctor or health care provider may tell you to stop taking these medications for some time before your procedure. Tell the clinic doctor if you are taking any of the following:

- Aspirin (ASA)
- Plavix (Clopidogrel)
- Naprosyn (Naproxen)
- Brillinta (Ticagrelor)
- Advil, Motrin (Ibuprofen)
- Fragmin (Dalteparin)
- Coumadin (Warfarin)
- Enoxaparin (Lovenox)
- Dabigatran (Pradaxa)
- Rivaroxaban (Xarelto)
- Apixaban (Eliquis)

**HOLD the checked medication for \_\_\_\_\_ days before your biopsy.**

Your clinic doctor will tell you when you can re-start them.

Do not eat or drink after midnight the night before your biopsy.

## The day of your biopsy

- Take all your regular medication with small sips of water (except blood thinners and insulin).
- **Do not take your insulin the morning of your biopsy.**
- Plan to take the day off work.
- You cannot drive the day of your procedure.
- For your safety, someone must drive you home and stay with you overnight.
- Bring all of your medications and supplements to your biopsy appointment.
- Bring your health (OHIP) card with you.
- Register in the Armstrong wing 1st Floor at KGH.
- Continue to the Imaging Department where you will check in.
- The nurses will review your medications, blood work and medical history.

## Biopsy procedure

- The procedure takes about 45 minutes.
- Family members will be able to wait for you in designated areas.
- You will be at the hospital for about 6 hours.
- A CT scanner is used to take pictures to help biopsy the right spot.
- You may be required to lie on your stomach, back or side.
- You may feel a slight burning when the area is frozen.
- You may feel some chest pressure during the biopsy itself.
- Local anesthetic and, if needed, IV medication is used to minimize discomfort.
- There are some risks associated with the biopsy; your clinical Physician and the Radiologist will discuss these with you.
- Risks include: lung collapse, bleeding and infection.
- If you have a complication, you may have to stay in the hospital for a few days.