

# Fecal Collection for Weight

**Fecal Weight?**

The purpose is to measure the amount of stool output in a specified period of time to help determine the cause of your diarrhea or abnormal bowel function.

# What do I need to do?

* The test requires your total commitment and should be done during a period where you will be at home and are able to collect all your stools.
* You should not end the collection on a day that the Gastroenterology (GI) Function Unit is closed (Saturday, Sunday, or holiday).

# Material needed for Stool Collection:

* Stool collector (fits over toilet seat to collect stools)
* Two cans (labeled with your name)

# Stool Collection:

* The aim is to collect all stools during a 48-hour or a 72-hour period.
* **During the stool collection do not take any laxative, or medications such as Lomotil, Imodium, loperamide or Questran.**
* Your doctor will specify if the collection is for 48 hours or 72 hours.
* Select a start day and begin stool collection that morning and continue collecting all stools for the 48 hour or 72 hour period. For example:
	+ if collecting for a 48 hour period – begin stool collection on Day 1 at 8:00am and continue collecting all stools until **Day 3** at 8:00am.
	+ if collecting for a 72 hour period - begin stool collection on Day 1 at 8:00am and continue collecting all stools until **Day 4** at 8:00am.
* Use the stool collector on your toilet seat and carefully transfer stool to the can each time.
* Try not to mix stool and urine.
* After completion of your stool collection, return containers to the GI Function Unit located in the Johnson wing, Level 4, Room 473 at Hotel Dieu Hospital.
* **Make sure that your name is on all the stool collection containers. Fecal collection cans can only be dropped off when the GI Function Unit is open:**
	+ **Monday & Friday 8:00am to 12:00pm**
	+ **Tuesday, Wednesday and Thursday 8:00am to 2:00pm**
* **Collections cans will NOT be accepted outside of these hours.**
* **Remember the HDH GI Function Unit is closed on weekends and holidays.**
* Results will be sent to the doctor who requested the test.

If you have any questions regarding these instructions, please call the GI Function Unit at 613-544-3400 ext. 2417.

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