

## Computed Tomography Outpatient Preparation

### Diagnostic Radiology

Test Length	Procedures	Instructions
20 min.	AAA	No Prep
20 min.	Abdomen - Pelvis - Abdomen & Pelvis	<ol style="list-style-type: none"> <li>1. Clear fluid only for 4hrs before scan (Diabetics – 2hrs). Fluids are encouraged, patient will need to drink oral contrast</li> <li>2. Recent Creatinine/GFR if risk factors for contrast induced nephropathy exists</li> <li>3. Consent for IV contrast must accompany requisition if PT unable to give own consent.</li> </ol>
20 min.	Chest	<ol style="list-style-type: none"> <li>1. Clear fluids encouraged if having IV contrast</li> <li>2. Recent Creatinine/GFR if risk factors for contrast induced</li> <li>3. Consent for IV contrast must accompany requisition if PT unable to give own consent.</li> </ol>
45 min.	CT Cardiac Angiogram	<ol style="list-style-type: none"> <li>1. No solid food or drink for 4hrs before scan time (Diabetics – 2hrs). Water is allowed</li> <li>2. No caffeine either by coffee, tea or soda pop for 12hrs before scan</li> <li>3. No alcohol 12hrs before scan</li> <li>4. No smoking for 12hrs before scan time</li> <li>5. No erectile dysfunction (ED) medication for 24hrs before scan (Viagra, Cialis, etc.)</li> <li>6. Recent Creatinine/GFR within 2 months documented if risk factors for contrast induced nephropathy exist.</li> <li>7. Consent for IV contrast must accompany requisition if PT unable to give consent</li> <li>8. Beta Blockers may be prescribed to be taken before the scan to slow heart. Times will be as ordered.</li> <li>9. Nitroglycerine Beta Blockers may be used during the scan</li> </ol>

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20 min.	CT Pulmonary Angio (PE)	<ol style="list-style-type: none"> <li>1. Clear fluids encouraged</li> <li>2. Recent Creatinine/GFR if risk factors for contrast induced nephropathy present</li> <li>3. Consent for IV contrast must accompany requisition if PT unable to give consent</li> </ol>
20 min.	Head, Neck (TIA Protocol)	<ol style="list-style-type: none"> <li>1. Clear fluids encouraged if having contrast</li> <li>2. Recent Creatinine/GFR if risk factors for contrast induced nephropathy present</li> <li>3. Consent for IV contrast must accompany requisition if PT unable to give consent</li> </ol>
1 hr.	Fine Needle Lung Biopsy	<ol style="list-style-type: none"> <li>1. NPO after midnight. May take meds with sips</li> <li>2. Signed radiology consent. Family or POA must be available by telephone or present if unable to give consent</li> <li>3. Recent CBC, PT, PTT, INR (INR ≤ 1.5, PTT ≤ 40)</li> <li>4. Off anticoagulants including PLAVIX and ASA x 5 days</li> </ol>
20 min.	Spine	<ol style="list-style-type: none"> <li>1. Clear fluids encouraged if having IV contrast</li> <li>2. Recent Creatinine/GFR if risk factors for contrast induced nephropathy present</li> <li>3. Consent for IV contrast must accompany requisition if PT unable to give consent</li> </ol>
20 min.	Upper & Lower Extremities	<ol style="list-style-type: none"> <li>1. Clear fluids encouraged if having IV contrast</li> <li>2. If having contrast, recent Creatinine if risk factors for contrast induced nephropathy present</li> <li>3. Consent for IV contrast must accompany requisition if PT unable to give consent</li> </ol>
20 min.	Bone	NO PREP

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Test Length	Procedures	Instructions
1 hr.	Biopsy & Drainages	<ol style="list-style-type: none"> <li>1. NPO after midnight—may take meds with sips</li> <li>2. Signed radiology consent</li> <li>3. CBC, PT, PTT, INR</li> <li>4. Off anticoagulants</li> </ol>
20 min.	Enterolysis	<ol style="list-style-type: none"> <li>1. Clear fluids from midnight</li> <li>2. PT will have nasal or oral jejeunum tube</li> <li>3. Recent Creatinine/GFR if risk factors for contrast induced nephropathy present</li> <li>1. Consent for IV contrast must accompany requisition if PT unable to give consent</li> <li>2. Buscopan / Glucagon may be used</li> </ol>
20 min.	Enterography	<ol style="list-style-type: none"> <li>1. Clear fluids from midnight</li> <li>2. Recent Creatinine/GFR if risk factors for contrast induced nephropathy present</li> <li>3. Consent for IV contrast must accompany requisition if PT unable to give consent</li> </ol>
20 min.	Urogram	<ol style="list-style-type: none"> <li>1. Clear fluids only for 4hrs before scan</li> <li>2. 1000 cc water 1hr before scan</li> <li>3. Consent for IV contrast must accompany requisition if PT unable to give consent</li> <li>4. Lasix is used during scan</li> <li>5. Recent Creatinine/GFR if risk factors for contrast induced nephropathy present</li> </ol>
20 min.	CT Angio - Cerebral Circle of Willis - Carotid - Run Off - Mesenteric - GI Bleed - Pulmonary Angio	<ol style="list-style-type: none"> <li>1. Clear fluids encouraged</li> <li>2. Recent Creatinine within 2 months documented</li> <li>3. Consent for IV contrast must accompany requisition if PT unable to give consent</li> </ol>