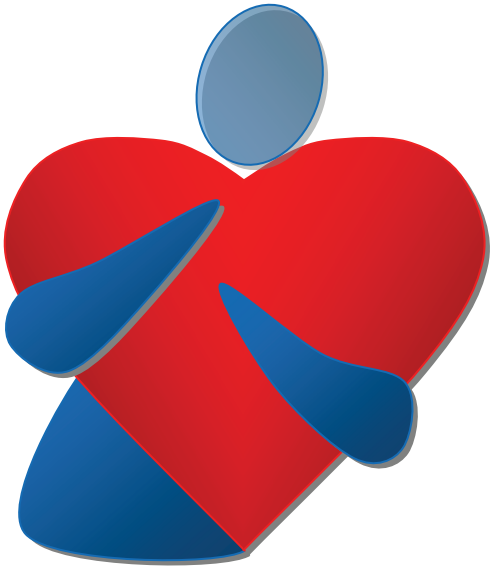
Outpatient Cardiac Catheterization Patient Care Instruction Booklet



CARDIAC CARE NETWORK

KGH Kingston General Hospital

Outstanding care, always™

Welcome to Cardiac Services at Kingston General Hospital,

Please refer to this booklet as you get ready for your cardiac catheterization.

If you have any questions or concerns about your upcoming procedure contact your Regional Cardiac Care Coordinator, Louise Snider, at 613-548-1399 extension 2.

Cardiac Catheterization

This is a test to assess the heart's blood supply and to evaluate how it is functioning. It is done by inserting a tube into an artery in your femoral artery (leg) , brachial artery (arm) or radial artery (wrist). Pictures are taken after dye is given to you through the tube. When the dye is injected you may notice a warm or hot sensation throughout your body. That is normal. The procedure lasts an average of 30 minutes to 1 hour.

Before Your Procedure

All patients awaiting cardiac catheterization are placed on the Cardiac Care Network registry. The registry is designed to ensure that patients receive timely access to cardiac care. The wait time for cardiac procedures varies depending on the number and urgency of patients on the list. If the wait is unacceptably long, you may wish to consider other options with your Cardiac Care Coordinator.

Appointment Scheduling

You will receive a phone call to book your procedure as soon as possible. Please note it may be necessary to reschedule the procedure due to more urgent in-hospital patients. It is very important that you confirm the date of your procedure the day before it is scheduled.

Please call the booking secretary (613)-548-1328, between 2 and 3 PM one business day before the procedure to confirm the procedure date and time.

Medications to Stop Before Procedure:

Warfarin(Coumadin) stop 5 days before procedure. You will be contacted when to stop.

Pradax (Dabigatran), and Xarelto (Rivaroxaban) you will need to stop these medications as directed by your doctor. Usually 2 days before the procedure.

Metformin please stop this medication 2 days before and do not take for 2 days after your procedure.

You will be advised when to restart these medications after the procedure.

Your Cardiologist may give you a sample supply of a medication called PLAVIX (Clopidigrel) , if so take as directed the day before your procedure.

Procedure Day

- You may have breakfast.
- Take your medications as usual, unless otherwise instructed.
- Bring a list of all medications/vitamins that you take with you to the hospital.
- Bring your health card.
- Patients with Diabetes should take insulin and diabetic medication as directed by your Cardiologist on the day of the procedure. (Exception: **Do not take Metformin)**
- Report to the admitting department of KGH. Located on the main floor of the hospital in the Armstrong building. You should arrive at _____.
- After check in take the elevators to the third floor and proceed to the Cardiac Procedures Unit located on Kidd 3. When you arrive please use the phone outside the door to let staff know you have arrived.
- The procedure may take 30 minutes to 1 hour.
- There will be a recovery period of 1 to 4 hours after the procedure.
- There is a waiting area outside the Cardiac Interventional Suites for your family.
- Your physician will discuss the results of the procedure with you and update your family.
- Please plan to be at the hospital for the day, there can be delays due to emergencies.

After Procedure

- You will be returned to one of our post procedure units for recovery and discharge, or you may be admitted to the hospital for observation.
- If discharged and you **reside more than a 60 minute drive from the hospital, you must arrange to stay in Kingston** the night of the procedure.
- **Do not drive for 48 hours after the procedure.**
- You cannot be alone the night of your procedure. Please arrange for someone to stay with you in case of unexpected complications.
- If you develop bleeding at the procedure site, pressure needs to be applied to the site to stop the bleeding.
- **If you feel sudden pain or notice swelling at your procedure site, please notify the nurse immediately or if at home return to the hospital.**
- **Call 911 for assistance if needed.**

One of four outcomes could be the result of the Cardiac Catheterization:

1- **Normal Coronary Arteries**

You will be discharged. Please follow up with your family doctor.

2- **Medical Treatment**

You may be advised to manage your health with medications and life style changes.

3- **Angioplasty** with or without coronary stenting.

You may be discharged home after having a stent placed or you may be admitted to a post procedure unit for an overnight stay.

If admitted to the hospital you will be responsible for transportation home the next morning before 10:00 am.

If you have a stent placed, you will receive a prescription for Plavix (Clopidogrel).

It is important that you take this medication as directed by your doctor.

4- **Heart Surgery**:

Dependent on urgency you will be admitted to KGH, discharged home, or transferred back to your community hospital to wait for surgery. Your cardiac care coordinator will contact you or your hospital staff with instructions.

Your contact at this point will be your Regional Cardiac Care Coordinator for Heart Surgery Marla Turner at 613-548-1399 ext. 1

Medications to Restart After your Procedure:

Warfarin (Coumadin) the evening of your procedure at your usual dose or as directed by your doctor.

Metformin 2 days after the procedure at your usual dose or as directed by your doctor.

Pradax (Dabigatran) as directed by your doctor.

Xarelto (Rivaroxaban) as directed by your doctor.

Interested in Quitting Smoking?

Whether you're thinking about quitting smoking, trying to quit smoking, trying to support someone who is quitting, or just looking for support in the community, the Tobacco Information line at KFL&A Public Heath can help. Call them at **613-549-1232 or 1-800-267-7875, ext. 1333**

Parking at Kingston General Hospital

Where do I park?

Whether you're here for a long stay or a short one, you have several parking options to choose from.

Underground parking

The Queen's University underground garage is located on Stuart Street, directly across from the hospital's main entrance. It's open 24 hours a day, seven days a week. You can access the hospital from the lot either by crossing the street, or via the tunnel link under Stuart Street, open daily from 6 a.m. to 9 p.m. Week-long parking passes are available at the KGH security office.

30 minute rate: $1.25
Daily maximum rate: $16.00

Above-ground parking

Short-term lots

We have short-term parking lots near the hospital's main entrance on Stuart Street and at the Armstrong Patient Centre entrance off of Lower University Avenue.

Hourly Rate: $2.00– $3.50

Pay-and-display spaces

Pay-and-display parking spaces - on-street and in parking lots - are available around the hospital and throughout the downtown core. Maximum stay lengths vary between one and three hours. You'll need to pay from 8 a.m. to 5:30 p.m., Monday – Saturday.

Hourly rate: $1.50
Hourly rates vary by location, however this rate applies to most meters near the hospital.

Accessible parking

Disabled parking spaces are available in the Queen's University underground garage and in the short-term lots.

For special needs please notify hospital security 613-548-3232.

Parking rates are subject to change without notice and are not regulated by KGH.

LEVEL 1 | NIVEAU 1

Welcome to
Bienvenue à
Kingston General Hospital
Outstanding care, always™

- Accessible Entrance / Entrée accessible
- Accessible Washrooms / Salles de toilette accessibles
- ATM Machine / Distributeur automatique de billets
- Bus Stop / Arrêt d'autobus
- Food / Nourriture
- Elevators / Ascenseurs
- Gift / Retail / Cadeaux / Vente au détail
- Helipad / Plate-forme pour hélicoptères
- Information / Renseignements
- Information and Wheelchair Storage / Informations et stockage de Fauteuil roulant
- Meeting Room / Salle de réunion
- Parking / Stationnement
- Pharmacy / Retail / Pharmacie / Vente au détail
- Phone / Téléphone
- Registration / Enregistrement
- Rest Station / Aire de repos
- Security Operations Centre / Centre des opérations de sécurité
- Stairs / Escalier
- Washrooms / Salles de toilette
- Waiting Area / Zone d'attente

76 Stuart Street
Kingston, Ontario K7L 2V7
613.549.6666
1.800.567.5722
24 Hours / 7 days a week
24 Heures / 7 jours par semaine

Write Your Questions Here

Kingston General Hospital

Toll Free 1-800-567-5722 extension 6927

Regional Cardiac Care Coordinator Louise Snider

613-548-1399 extension 2