



**A Message from Our President
 Jenny Raymond**



**THE
 Auxiliary
 Newsletter**

Hi everyone.

I hope you all enjoyed the beautiful weather we had over Thanksgiving! Several of us (you can see the picture on page 3) took part in the UHKF Walk at Lake Ontario Park on Saturday October 3rd. Theresa and Jill also walked with us but were not there for the photo. It was 5C and a gale was blowing, we were FREEZING! However we did the walk and raised \$465 for the Patient Care. The Auxiliary Cafe staff also put together a team and called themselves The Cafe Cougars!

This is a very busy time for everyone in the Auxiliary: the Teddy Bear Campaign launch is on November 9 and the Christmas Bazaar on December 2 – a week later this year as the 'Old Cafeteria' or, as is it is now known, the EEU on Dietary 3, is not available at the end of November.

The Millennium Endowment Fund committee met recently and have disbursed approximately \$15,000 to twelve deserving KGH employees who are diligently furthering their education.

One very good piece of news is that the repairs to the Emergency ramp were completed on October 27 after being closed for almost a month. All patients arriving by ambulance had to be transported from the Armstrong entrance along Kidd 1 to emergency. Extra volunteers were used to help family members of patients keep in touch and also get assistance with their discharge. Thank goodness this is over!

Last but not least, do come to the General Meeting on **30 November** at Cooke's Portsmouth Church. Our speaker is Ashley Hendry, her talk addresses Cancer Prevention and Screening. She will talk about a smoke free KGH and the S.E. Regional Cancer program. We will have an early lunch at 11.45 am so she can speak at 12.30 as she has an important meeting at 1.30 pm. Hope to see you there!

**NOVEMBER GENERAL
 MEETING & LUNCH
 Monday, November 30, 2015
 To be held at
 Cookes-Portsmouth Church**

10:30 am Registration
 11:00 am Meeting
 11:45 am Lunch
 12:30 pm Presentation

MENU

Soup
 Sandwiches
 Pie
 Coffee and Tea
 Cost \$15.00

Presentation

Alison Hendry

Cancer Prevention and Screening: A look at Smoke Free KGH and South East Regional Cancer Program Initiatives

**Please RSVP to 613-549-6666
 Ext.6352 or e-mail
kghaux@kgh.kari.net by **Friday
 November 20****

**TREASURER'S REPORT
 From Peter Ginn**



**Surplus allocated to KGH as
 of October 31st, 2015
 \$298,006.89**

GIFT SHOPBy
Merna Manders Convenor

Our new computer system has been installed and is working well. It makes entering purchases and the management of inventory control easier. It is also very user friendly.

It has been a busy and profitable Summer and Fall for the Gift and Tuck Shops. The Fall fashions have arrived, and they have been popular and appreciated.

Accessorize a new top or sweater with a necklace, holiday watch, or earrings from a large selection of jewellery pieces.

Lingerie has lots of fashionable tights, leggings, boot knee socks as well as slippers, sleep wear and many other items.

Our toy department is brimming with all the old favourites and lots of new books, dolls, and stuffed animals. Raggedy Ann and Raggedy Andy are handmade.

For baby's First Christmas, there are delightful dresses, sleeper and daywear sets, and quilts along with soft and cuddly plush toys.

Our knitted sweaters, shawls and baby wear are lovely and so cozy. We also have a need for new knitters. Yarn will be provided.

Your holiday table will look lovely with a grouping of decorations and holiday serving pieces. There is a beautiful selection of lighted lamps, table linen and so much more. Much of the holiday giftware is stocked in limited quantity, so shop early.

The Tuck Shop is doing well too. Some new items have been added to the confections and are proving popular. The sale of used books is doing very well. The Tuck Shop now has a new, full line of Specialty Teas: Sleepy Time, Sore Tummy, Cold be Gone, Detox and many more.

CAFÉ REPORTBy
Shirley Hicks, Convenor

As a café volunteer it's heartwarming to see the number of people who enjoy the food at the café. Many of our customers are appreciative of the healthy food items that we offer and the attention to detail given by our café staff to each order. We continue to serve the needs of our clientele by offering locally sourced ingredients. Our former supplier of gluten free breads and cookies has since closed but another business, the Silly Yak, has been recruited to provide this service. Daily specials continue to be a favourite. Our fruit pies are homemade in our kitchen both for pastry and fillings.

Don't forget we will be offering a special lunch on the day of the Bazaar, so after, or before, shopping pop in and enjoy a lovely lunch.

Teddy Bear Campaign 2015

The 2015 Teddy Bear Campaign will be launched Nov. 9 at 11.00 a.m. in the Watkins Lobby under the leadership of Heather Breck and Alice Robertson. It will run until Dec. 21 and Photos with Santa (\$20 for three 5" by 7" photos) will be available on Dec 8 and 13. This year's bear can be sponsored for \$100 and a donation receipt will be issued upon request for \$100.

The proceeds of the 2015 campaign will go towards the purchase of four Carescape V100 monitors which will help staff perform accurate physical assessments on pediatric patients of all ages. Thanks to Kawartha Credit Union for funding the total

purchase of the new bear, Sentiments.

Would you like to help? Do you want to sponsor a bear? Please contact the Auxiliary office or check out our website: www.kgh.on.ca/workwithus/kghauxiliary/Pages/Events then go to the Teddy Bear campaign where the brochure is available. If you get two in the mail, please pass one on to a friend.

HAIR SALONBy
Gloria Pivnick Convenor

It is time to think about the upcoming holidays. Book your perm or colour with us in time for your Christmas vacation. Our prices are competitive and we only use professional products. Do you know someone in the hospital that might feel better with a new hairdo? Then why not treat them to this service. We have certificates that will make a perfect gift.

Please note that as of October 1, due to a drop in business, we are open on Thursday and Friday only. We look forward to meeting and greeting you very soon.

CHRISTMAS BAZAAR

Donations of baked goods & candy for the Annual Christmas Harvest Bazaar will be welcomed on Tues. Dec. 1 & Wed. Dec. 2 in the Abramsky lobby on Stuart Street. Please clearly label these for our customers.

We are also accepting used books, artisan items, crafts, fresh Christmas wreaths, table centre-pieces, and new to you jewelry.

We are also looking for items for the Silent auction with a value of \$25 or more. These may be dropped off at any time at the hospital. Donors may contact the Auxiliary Office at 613-549-6666 Ext. 6352 to arrange pick up.

"ALL GOOD THINGS MUST COME TO AN END"

So says the **KGHA Golf Committee** and The KGHA Board and Council, quoting Chaucer. After 15 years, members of the Golf Committee have decided that 2015 will be recorded as its final golf tournament. In 15 years the golf tournaments raised well over half a million dollars for the hospital - \$519,480.17 to be exact.

The first golf tournament was held in May 2001, with proceeds going to the KGH Auxiliary Millennium Endowment Fund, which was established by the Auxiliary in December 1999, to mark the occasion of the new millennium.

The Auxiliary fattened the fund in February 2003 with \$200,000 raised primarily by the golf tournament. Since then The Auxiliary has given \$69,668 in bursaries to health professionals at Kingston General Hospital.

After the Endowment Fund was established, monies raised from the golf tournament went to purchase programs and equipment for KGH. Included among these were funding for Surgical Suites, The Mental Health Unit, Chemotherapy Chairs for the Cancer Clinic, and for the last several years, Dialysis Chairs for the Renal Unit.

Among the many reasons for choosing to cancel the tournament are the increased number of other charity tournaments which have impacted our ability to attract and keep sponsors and golfers. We have had a wonderful group of dedicated volunteers who contributed to the success of the tournament over the past decade-and-a-half. To all of them - we express our thanks.

"WE WALK"

This is a photo taken of the Auxiliary participants at the fundraiser organized by the UHKF – see the President's message for more details.



IN THE SPOTLIGHT

By Sandra Fletcher



Estelle Salamon joined the KGH Auxiliary in 1984 and became the Treasurer of the Auxiliary in 1985. She served for 2 years in this capacity and was also a cashier in the Gift Shop from 1986 until 2010. She performed many functions in the hospital, mainly with the Auxiliary, but also volunteered on the Information Desk, Hand Washing Stations and Elder Life, Pet Therapy and Lottery Booth.

Estelle was in at the beginning of the Cash Draw and worked on this until it ceased in 2010. After she met and married John, she recruited him to join the Committee. He assisted her in delivering Christmas ornaments on Christmas Eve until his death a few years ago but Estelle continues to this day. She has convened Patient Comforts since 1996, providing kits with toothbrushes, toothpaste, combs and an Auxiliary bookmark to

patients in need. Estelle has served on the Board and Council for 14 years in this capacity. She has also been a member of the Family Service Committee since 2009 and does regular duty there ensuring that supplies are on hand and the rooms in good order. Besides these duties, she volunteers at the Christmas Bazaar, Staff Appreciation Tea, Bridge luncheon and at the Golf Tournament.

In 2005, Estelle received her Provincial Life Membership in 1996, an Outstanding Service pin in 2005, and became the Honorary President in 2010 for a 2 year term. This is in addition to serving as the actual President in 1990 to 1992. The Mrs. J. C. Connell award was presented to Estelle in 2014. This is the highest honour of our own Auxiliary. She has also received two Ministry of Citizenship awards, one in 2011 for 25 years and the second in 2015 for her 30 years of service. This November, Estelle was presented with her pin for 30 years of service of volunteering at KGH.

HELP WANTED

Retail volunteers are needed to support auxiliary services, including the Gift Shop, Tuck Shop, Café and Lottery Booth. If you know anyone who would like to get involved, encourage them to contact the Volunteer Office for application and intake details.

STAFF APPRECIATION TEA

This event will be held in the Burr 1 Conference room on Thursday January 28, 2016. If you would like to help, please contact the Auxiliary Office.



ANNUAL CHRISTMAS BAZAAR

Wednesday December 2 2015

9:30 AM to 2:00 PM

Dietary 3 - E.E.U.

(Environmental Exposure Unit)

Formerly Connell 3 Old Cafeteria

FEATURING

Home Baking - Candy

Seasonal Wreaths - Table Centerpieces

***Artisanal crafts – New to You Jewelry – Used
Books***

***From the Gift Shop: Toys – Baby – Lingerie
Silent Auction***

Coffee and Tea - Muffins and Scones

EVERYONE WELCOME

***Discount in the Gift Shop and a Special Lunch in
the Auxiliary Café on day of Bazaar***