

## TIME COMMITMENT

We ask for a minimum commitment of one-shift per week for a minimum of six months, or an agreed upon project or event-based agreement can be arranged.

*In some programs, such as Therapy Dog Visits, Helping Hearts, and Music at the Bedside, volunteers set their own shift day, and start and finish times.*

*Other programs have set schedules, limiting any flexibility such as in our ER Waiting Room, the FAVORS Patient Visiting & Meal Assistance program and in the Cancer Centre*

The weekly commitment can vary anywhere from one to four hours depending on the needs of the program. However, what is more important than the number of hours you contribute, is that you are consistent, reliable and dependable. At the time of placement, we will provide you with a list of current vacant shifts to choose from.

## WHAT HAPPENS IF I CAN'T COMMIT TO THE SAME DAY AND TIME EACH WEEK?

We have a flexible scheduling option for volunteers who find it challenging to commit to the same day and time each week. Volunteers are still expected to commit weekly by visiting the online schedule to pick shifts that match with their availability at the time.

## CAN I STILL VOLUNTEER IF I GO AWAY FOR THE WINTER/SUMMER?

We appreciate that people have busy lives and we do our best to accommodate breaks in service. For any breaks in service that are longer than a month, the volunteer provides an estimated return date and they are put on a leave of absence.

We attempt to find a temporary replacement for the shift during the volunteer's break but we can't guarantee that a volunteer will return to the same program and shift time. If the shift is picked up by another volunteer during the leave, we will work with the returning volunteer to arrange a new placement