

DISCOUNTS

Kingston General Hospital participates in the discount program offered through [Work Perks](#), giving staff and volunteers access to unique savings and discount programs from brand name companies and smaller local companies.

Kingston Health
Sciences Centre

Centre des sciences de
la santé de Kingston



KHSC FITNESS CENTRE

Staff and volunteers from the KGH site of Kingston Health Sciences Centre have access to the Fitness Centre located at the Hotel Dieu Hospital site.

A \$40 annual fee allows you 24-hour access to the Centre's cardiovascular and strength training exercise equipment, body bars, weights, steps, bands, fitness balls and change rooms. There is also a TV with DVD and VCR connections in case you want to bring in your own workout video.

[Click here for more information](#) or stop by the Occupational Health Department at Hotel Dieu Hospital at 166 Brock Street to sign up and pay your fee. You will need to show your KGH Volunteer ID badge.

STUDENT VOLUNTEER BURSARY

The Kingston General Hospital Auxiliary provides up to a maximum of \$1,000 toward the Student Volunteer Bursary Award, which recognizes student volunteers who consistently strive to uphold the principles and aim of Kingston General Hospital. Application forms are available in November each year and can be picked up in the Volunteer Services Department.

YEARS OF SERVICE RECOGNITION

Volunteers receive a KGH pin at five years of service and again at each five year increment. Once you reach 25 years of service you will be invited to attend the Long Service Recognition Celebration/Dinner for employees and volunteers.