

PATIENT INFORMATION BROCHURE

Sedation for Children



HOTEL DIEU HOSPITAL Site of KHSC
166 Brock Street
Kingston, Ontario
(613) 544-3310 1-855-544-3400

www.hoteldieu.com

Our hospital is a **scent-safe** environment.
Please refrain from wearing scented products.

Preparation

The following preparations will help us to obtain a good test. Your child's test will be cancelled if these guidelines are not followed.

- If your child is ready for a nap, the sedation may work faster, and may not even be needed.
- Your child should have **no solid food or formula** for 6 hours before the test.
- Your child **may have clear fluids** such as water, Pedialyte™, or apple juice up to 2 hours before the test.
- Infants **under 6 months** may have breast milk only, up to 2 hours before the test.
- If your child takes any kind of medicine, **do not** discontinue unless your doctor tells you to do so.

On the day of the examination

- The testing is done in the Children's Outpatient Centre (COPC).
- Please arrive at your designated time or it may be necessary to reschedule.
- Please bring your child's usual "cuddlies", blankets, soothers, etc. to help your child relax.

Day of examination (cont'd)

The COPC nurse will prepare your child for the examination by taking his or her blood pressure, height and weight, and oxygen levels.

The nurse will care for your child during the procedure and during the observation period of a couple of hours following the procedure.

The pediatrician will examine your child and explain the sedation. You will be asked to give verbal consent for the sedation (i.e. say that you agree to it).

You will be asked to stay with your child during the procedure. **Please do not bring other children** who require your attention to this appointment.

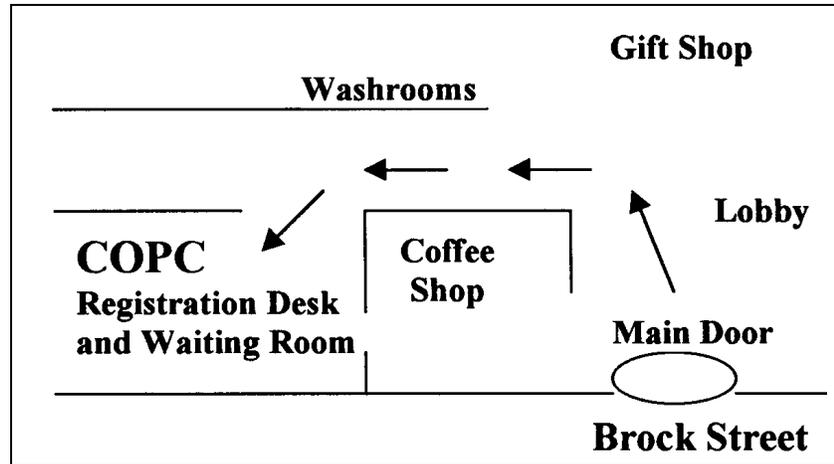
Appointment Changes

If you need to cancel or rebook your child's appointment, please call 544-3400, extension 3153 and ask to speak to a nurse.

Before you go home:

- You will be given a sheet of guidelines to follow at home. The COPC nurse will go over these instructions with you before you leave.
- If your child is receiving any other medication, ask the doctor when you should restart the medication.

How do I get to COPC?



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