

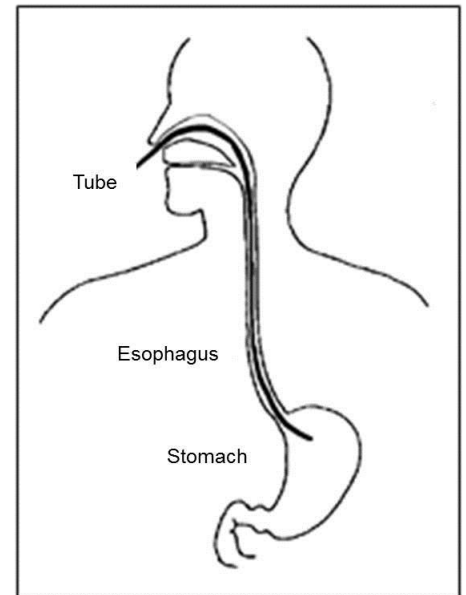
Esophageal Motility Study

Why am I having this procedure?

This procedure will help your doctor determine the reasons for your problems with food sticking, or to assess whether you should have surgery for Acid Reflux disease.

What will happen during the procedure?

- You will **not** be sedated for this procedure.
- A soft, flexible tube will be inserted through your nose and passed down your esophagus into your stomach.
- You will take small sips of water to help the tube go down.
- We will measure the action of muscles in your esophagus when you swallow.



Instructions

- Do not have anything to eat or drink for **6 hours** before your appointment.
- If you normally take prescription medications you can take these on the morning of your appointment, with a small sip of water.

Instructions for other medications:

Medication	When to stop
	_____ days before the procedure
	_____ hours before the procedure
	_____ hours before the procedure
	_____ hours before the procedure

Possible Side Effects

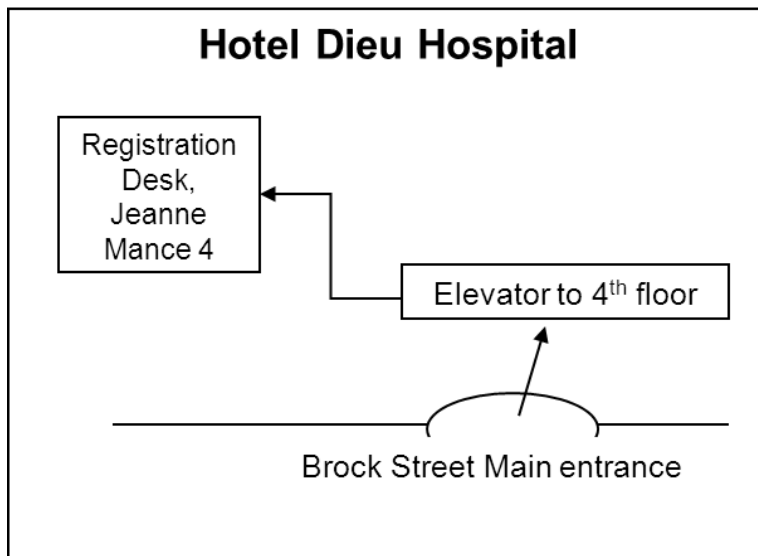
- There is a small possibility that the tube could cause a tear or perforation of your esophagus, however this is very rare. If these were to occur, you might need surgery.
- It is possible that the tube could trigger a nose bleed.
- Passage of the tube may irritate your nose and throat and may cause gagging.

After the Procedure

You should contact your doctor's office and book a follow-up appointment.

Where do I go for the procedure?

This procedure is performed in the Gastroenterology (GI) Function Testing Unit, 4th Floor, Room 473, Hotel Dieu Hospital. Please report to the Jeanne Mance 4 Registration Desk.



If you have any problems or questions, phone the GI Function Testing Unit at 613-544-3400 ext 2417:

- Monday & Friday 8:00am to 12:00pm
- Tuesday, Wednesday and Thursday 8:00am to 2:00pm

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