## **Staying Connected**

## Virtual Visits at Kingston Health Sciences Centre

Kingston Health Sciences Centre (KHSC) is temporarily limiting family presence to protect the safety of all during the COVID-19 outbreak. To help patients, families and friends stay connected with each other we are happy to assist patients with a "video chat" or "Virtual Visit" with their loved ones.

A Virtual Visit is an alternative to visitors physically coming into the hospital. It is a free service and involves a KHSC facilitator helping to set up the visit using an iPad provided by KHSC.

Virtual Visits can be initiated by the patient, anyone connected to the patient or a care provider within the hospital. PLEASE NOTE: Virtual Visits are not intended for clinical use.

## Do I need to do anything before a Virtual Visit?

Virtual Visits are accessed through an easy-to-use app called Zoom, which allows a number of people to join a scheduled meeting/visit at once. Family and friends must have the following in place in order to connect with the patient:

- an email address
- a computer with a camera and microphone (either external or built in)
  OR a smartphone or tablet (with Zoom downloaded and installed)
- permission from the patient for the Virtual Visit to occur.

## How does the Virtual Visit work?

- 1. Patients can make a request by speaking with staff who then forward the request to virtualvisit@kingstonhsc.ca.
- Family or friends can request a
   Virtual Visit by emailing
   <u>virtualvisit@kingstonhsc.ca</u>.
   Please include the patient's name
   and room number, names of people
   who will participate in the Virtual Visit
   with the patient, preferred time and
   date.
- The family/friend will be sent an email with the confirmed date and time, Zoom link and instructions on how to connect. We recommend that the link be tested beforehand; this will be outlined in the instructions sent.
- 4. At the time of the visit a facilitator will bring an iPad to the patient and help the individual connect to the Virtual Visit. On their end, the family/friend will click on the link sent in the email.
- 5. When the Virtual Visit is over, the facilitator will collect the iPad.

Each visit request, including date and time, must be booked separately at virtualvisit@kingstonhsc.ca.





