

**DIVISION OF GASTROENTEROLOGY  
DEPARTMENT OF MEDICINE  
KINGSTON HEALTH SCIENCES CENTRE**



**Hotel Dieu Hospital Site  
166 Brock St.,  
Kingston, Ontario, Canada K7L 5G2**

website (GIDRU): <https://deptmed.queensu.ca/research/teams/gidru>

*Appointments: (613) 544-3400 ext 3490  
Division Chair (613) 544-3400 ext 1040  
Gen GI Fax: (613) 544-3114  
Liver & Pathway Fax (613) 549-8386*

**Irritable Bowel Syndrome (IBS)  
Clinical Care Pathway**

Refer to primary care management pathway  
<https://kingstonhsc.ca/refer-patient-khsc/gastroenterology-referrals>  
to ensure referral required

**PATIENT INFORMATION**

Last Name		First Name		DOB (yyyy/mm/dd)		Sex <input type="checkbox"/> F <input type="checkbox"/> M <input type="checkbox"/> Other	
OHIP/Version Code or Other Insurance		Address (including City, Province, Postal Code)					
Home Telephone ( )		Work Telephone		Extension		Mobile Telephone	
Primary Care Provider Name		Primary Care Provider Phone ( )			Primary Care Provider Fax ( )		
Referring Care Provider Name		Referring Care Provider Signature (Mandatory)			Date (yyyy/mm/dd)		
Referring Care Provider Telephone ( )		Ext.	Referring Care Provider Fax ( )		Referring Care Provider Email		

**Indication for Referral**

Patient must satisfy **criteria for Irritable Bowel Syndrome** defined in the primary care pathway **plus one of the following:**

**1. One or more of the following alarm symptoms/findings:**

- Unintended weight loss (>5% over 3 mos)
- GI bleeding/iron deficiency anemia (low ferritin)
- Onset of symptoms after age 50
- Nocturnal symptoms
- Family history of colon cancer in a 1<sup>st</sup> degree relative
- Family history of inflammatory bowel disease
- Other: \_\_\_\_\_

**OR**

**2.  Celiac Serology Positive**

**Investigations:**

- CBC
- Ferritin
- tTG, IgA
- Stool C&S
- Stool O&P
- Stool C diff

**Fax completed referral forms and medication list to Pathways Fax:  
613-549-8386**

**Clinical History**