

COVID-19 Work Isolation Requirements

Where to obtain COVID-19 Testing:

1. Rapid Antigen Test (RAT) Kits (*only for asymptomatic testing*):
 - Occupational Health, Safety & Wellness (OHSW)
 - KGH – Armstrong 1, 24 hours a day/7 days a week
 - HDH- Mary Alice 2, 0800-1600 Monday through Friday
 - Check with your manager/your Unit/dept

2. PCR Testing:
 - Beechgrove COVID-19 Assessment Centre- Monday through Friday 9 am-4 pm
until February 24, 2023 when the centre will no longer operate

3. PCR Self-Testing:

Site	Pick up Location	Drop off Location
KGH site	OHSW, Armstrong 1 24 hours a day/7 days a week	OHSW, Armstrong 1 24 hours a day/7 days a week •Drop off in the PCR drop box in OHSW (<i>by 3 pm for same day result</i>)
HDH site	OHSW, Mary Alice 2 Monday through Friday 0800-1530	OHSW, Mary Alice 2 Monday through Friday 0800-1530 •Drop off in the PCR drop box in OHSW (<i>by 3 pm for same day result</i>)

****Note- if you have symptoms a PCR test is required***

Work isolation (WI) requires you to do the following:

1. Strictly adhere to universal masking requirements ensuring your mask is well-fitted.
2. Use of a respirator/N95 instead of a procedure mask if you work in a patient care area.
3. Maintaining physical distancing of greater than 6 feet from others whenever possible .

- Do not eat your meals/take breaks in shared spaces (e.g. lunch/break room, patient care planning room, conference room) with other staff, or remove your mask when in the presence of others. Break areas for those on Work Isolation have been identified (see below) but speak with your manager if you require more information on a suitable location.

Site	Designated Break Room for those on Work Isolation
KGH	Designated Work isolation spaces are located in the Atrium Cafeteria
HDH	Vestibule area between Mary Alice 1 and Johnson 1

- Where you have removed your mask to eat, use a disinfectant wipe to clean any surfaces you were in close contact with.
- Limit your movement around the hospital as much as possible making all attempts to work only in one area/unit.
- Travel alone to and from work in a private vehicle.

Additional requirements for those who have had household contact/high risk contact with a COVID-19 positive individual:

- Self-monitor for the development of symptoms and take your temperature twice daily. Keep a record.
- Should your rapid antigen test be positive at any time, you must self-isolate as a positive rapid antigen test is a presumed positive. Contact OHSW promptly (for contact tracing of patients and staff) and perform a PCR test.
- Should you develop symptoms while at work, you must promptly remove yourself from working/providing care, and contact your manager/supervisor and OHSW (KGH site x4389; HDH site x2265)
- Should you develop symptoms while at home, self-isolate in your home, do not attend work, and contact your manager/supervisor and OHSW (KGH site x4389; HDH site x2265).

For any questions about Work Isolation, or your ability to be in the workplace, please contact Occupational Health, Safety & Wellness- KGH site x4389; HDH site x2265