

# Infection Screening for KHSC Staff

As a worker in a health care facility, daily self-monitoring for potentially infectious symptoms is a requirement in order to prevent the spread of infectious illness to others. By entering the workplace, you are attesting to following the guidance below.

Do any of the following apply?	If YES, follow this Guidance:
<p>Do you have infectious symptoms such as:</p> <ul style="list-style-type: none"> <li>NEW gastrointestinal symptoms such as <b>vomiting</b> or <b>diarrhea</b>, or</li> <li>NEW respiratory symptoms such as a <b>cough, sore throat, or runny nose</b>, or</li> <li>Flu-like symptoms such as <b>extreme fatigue, chills, or new muscle/joint aches</b>, or</li> <li>A <b>Fever</b> (temperature &gt; 38.8°C)</li> </ul> <p style="text-align: center;"><b>OR</b></p> <ul style="list-style-type: none"> <li>Have you <b>tested positive for an infectious illness</b> in the past 10 days?</li> </ul>	<p><b>1) DO NOT ATTEND WORK</b></p> <p><b>2) REPORT</b> your potentially infectious symptoms and/or any positive test result to Occupational Health, Safety &amp; Wellness (OHSW) via the Infectious Reporting Line x4389 (KGH site) <b>AND get tested for COVID-19</b></p> <p><u>Return to Work Criteria:</u></p> <ul style="list-style-type: none"> <li>Fever has resolved for 24 hours without the use of fever-reducing medication;</li> <li>Gastrointestinal symptoms have resolved for at least 24 hours (48 hours if norovirus-like illness);</li> <li>Respiratory symptoms are improved. If <i>mild respiratory symptoms</i> persist (e.g., runny nose, mild headache), you may return to work when you feel well enough <u>but must be on <a href="#">Work Isolation</a></u> until your symptoms have resolved or 10 days from symptoms onset, whichever is first;</li> <li><b>If you tested positive for COVID-19</b> and are now returning to work, you <u>must be on <a href="#">Work Isolation</a></u> for 10 days after symptom onset</li> </ul>
<p>Have you had <b>unprotected, close/household contact with someone who is sick with infectious symptoms/illness</b> in the past 10 days?</p>	<p><b>1) YOU MAY ATTEND WORK</b> as long as you have no infectious symptoms, and</p> <p><b>2)</b> You must self-monitor for any development of symptoms, and</p> <p><b>3)</b> If exposed to a respiratory illness, consider wearing a mask to protect others.</p> <p><b>4) If exposed to COVID-19:</b> masking and work isolation are <u>mandatory</u> for 10 days post exposure. Testing is optional</p>
<p><b>COVID-19 PCR self-swabs and Rapid Antigen Tests (RATs) are available in OHSW</b></p>	

**Work isolation** means:

- Wearing a well-fitted mask, or a Respirator/N95 if you work in a patient care area
- Not removing your mask/respirator in the presence of others
- Not eating/drinking around others
- Being meticulous with hand hygiene
- Maintaining physical distancing *where possible*
- Avoiding carpooling with others
- Avoiding immunocompromised patients *where possible*