Kingston Health Sciences Centre

Centre des sciences de la santé de Kingston

IV Iron Information

Possible Side Effects:

Common side effects (about 1 person in every 20 may have these):

- low blood pressure (dizziness)
- muscle cramps
- bone and joint pain
- headache

- injection site swelling and/or skin staining
- chest discomfort
- nausea, vomiting and/or diarrhea
- low grade fever for a few day after

Uncommon side effects:

- Some people may experience a Fishbane reaction with IV iron. Fishbane reactions are not lifethreatening and go away on their own. The symptoms could include flushing of the face, chest tightness, and/or joint aches or pain.
- To decrease the chance of having a Fishbane reaction, you should stay well hydrated before you receive IV iron

Serious:

• Allergic reactions (rashes, face swelling, trouble breathing, chest tightness, dizzy/feeling faint) including anaphylaxis, are rare.

If you have any serious reactions after leaving the Clinic proceed to your closest emergency department.





