# Preparing for your visit to the Cancer Centre Plastic Surgery Clinic

## **Patient and Family Information Sheet**

You have been referred to the Cancer Centre of Southeastern Ontario (the Cancer Centre) at Kingston General Hospital by your family doctor or another specialist. At the Cancer Centre you will see a plastic surgeon and may have a minor surgical procedure. This information sheet will help you prepare for your visit to the Cancer Centre.

If you take blood thinner medications, phone **613-544-3310** (toll free 1-855-544-3400) and dial the plastic surgeon's office extension circled below. They will tell you if you need to stop your blood thinner medication before your appointment.

Dr. Edmunds extension 2494

Dr. McKay extension 2117

Dr. Hendry extension 3466

Dr. Head extension 3466

Dr. Martou extension 2494

### **Getting Here**

Address: 25 King Street West, Kingston, Ontario

The Cancer Centre is located at Kingston General Hospital (KGH) site in the Burr Wing of the hospital. The closest entrance to the Cancer Centre is the King Street entrance.

#### Parking

- Allow extra time for parking. You can also get dropped off at the King Street entrance while the person with you parks.
- Metered parking spaces are available in parking lots and on streets near the hospital. The closest parking to the Cancer Centre is on George Street or the Richardson Beach parking lot by Lake Ontario. The underground parking garage on Stuart Street is also available.

#### Cancer Centre of Southeastern Ontario A Cancer Care Ontario Partner

Centre des sciences de la santé de Kingston

Kingston Health

Sciences Centre

#### Your Visit

- Eat a light meal before your appointment. This is important if your surgeon decides you need a procedure.
- Register for your appointment at the main reception desk located **on the ground floor of the Burr Wing (Burr 0)** at the **King Street entrance**.
- At this appointment you will meet a plastic surgeon and other members of the care team. The purpose of this visit is to get assessed by the plastic surgery team. You may also have a minor surgical procedure.
- Your appointment could last several hours. Try not to book other appointments on this day.

#### What to Bring

- Your Health Card
- A list of all your medications and dosages, including over-the-counter medication, vitamins, minerals and herbal supplements
- Any medications you need to take during your visit, such as medications to manage diabetes
- Any test results or other information your referring doctor gave you to bring to your appointment
- Private health insurance information if applicable
- Items to keep you entertained and snacks
- Money for parking or to fill any possible prescriptions

#### **Other Reminders**

- If you speak a language other than English, use sign language, or are hearing impaired, we make our best effort to get a language interpreter for you. Please phone 613-549-6666 (toll free 1-800-567-5722) extension 4510 if you need an interpreter.
- KGH is a teaching hospital. During your visits, you will likely meet doctors, residents, nurses, students and other members of the care team.

#### Resources

You may want to visit the Patient and Family Resource Centre on the first level of the Burr Wing (Burr 1). Here you can find information about different topics such as sun safety, health, and wellness.

#### **Recommended Websites:**

- Canadian Dermatology Association <u>www.dermatology.ca</u>
- Canadian Cancer Society Website <u>www.cancer.ca</u>

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