# Lymphedema Management Services

## Lymphedema Management Devices

Lymphedema management devices (usually called compression garments) are used to treat lymphedema by applying pressure and encouraging fluid drain in the affected area.

You can apply for help with part of the cost of your lymphedema management device through the Government of Ontario's Assistive Devices Program (ADP).

To apply through ADP, you will need to do 3 things:



Below is a list of ADP registered authorizers and vendors in Southeastern Ontario.

## ADP Registered Authorizers

#### **Active Orthopedic Solutions**

Providence Care Hospital 752 King Street West,

Kingston, ON

Telephone: 613-544-4900 extension 53595

website: www.active-ortho.ca

#### **Best Health Physiotherapy**

2-1329 Gardiners Road

Kingston, ON

Telephone: 613-634-2378

website: https://besthealthphysio.ca/



### **ADP Registered Vendors**

#### Active Orthopedic Solutions

Providence Care Hospital 752 King Street West Kingston, ON

Telephone: 613-544-4900 extension 53595

Website: www.active-ortho.ca

#### Lymphedema Kingston

Suite 1, 919 Sydenham Road. Kingston, ON

Telephone: 613-542-5558

For more information on the ADP application process, visit

https://www.ontario.ca/page/assistive-devices-program https://www.ontario.ca/page/garments-pumps-and-braces

### Certified Lymphedema Therapists

A certified therapist is a regular healthcare provider who has specialized training in treating lymphedema. Specialized training must meet national training standards and be completed at a recognized school. Certified therapists in Southeastern Ontario include:

- Hope Campbell, Registered Massage Therapist
   919 Sydenham Road, Kingston, ON
   613-542-5558
- Genene Maurice, Registered Massage Therapist 919 Sydenham Rd, Kingston, ON 613-542-5558
- Carolyn Comier, Registered Massage Therapist 2-1329 Gardiners Road, Kingston, ON 613-634-2378
- Beth Stinson, Registered Massage Therapist 14 Edgewood Drive, Napanee, ON 613-354-6474
- Angie Armstrong-Dupre, Registered Massage Therapist 5 Home Street, Suite 2, Brockville, ON 226-345-8083 aarmstrongmassage@gmail.com

For a full list of Certified Lymphedema Therapists in Ontario, visit www.lymphontario.ca

## Lymphedema Management Services

## Lymphedema Related Costs

- If you have extended health benefits, call your benefit provider (insurance company) to ask
  whether lymphedema related costs care covered by your plan and what paperwork is
  needed.
- Manual lymph drainage (a treatment for lymphedema done by certified therapist) is usually reimbursed under the categories of physiotherapy, occupational therapy, registered massage therapy or sometimes nursing care.
- If you have financial concerns related to lymphedema management, ask a member of your health care team for a referral to a social worker.

## Other Lymphedema Resources

- Canadian Lymphedema Framework http://canadalymph.ca
- Lymphedema Association of Ontario www.lymphontario.ca
- Breast Cancer Action Kingston Lymphedema Support Group
   For people with lymphedema from breast cancer or who want to find ways to help prevent or improve lymphedema.

Call 613-531-7912 for more information www.bcakingston.ca

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Author: Oncology, Patient Education Created: 02/2014

Revised: 03/2018 Updated: 07/2023

TREA001