

COVID-19 AND YOUR RENAL DIET

What You Need to Know

Thursday June 25, 2020 - 12:15 – 1:45 Eastern Time

The need for physical distancing during the COVID-19 pandemic has changed our approach to some of the basic things we took for granted just a couple of months ago. The way we shop for groceries has become more complicated, products we regularly choose may not be available, and food costs are increasing.

The Kidney Foundation, in collaboration with the Canadian Association of Nephrology Dietitians (CAND) and the Canadian Society of Nephrology (CSN) are proud to present, *COVID-19, and your Renal Diet – What You Need to Know*.

This webinar will include a cooking demonstration. You'll also learn about kidney-friendly pantry staples to stock up on, how to use them in different ways, shopping and food safety tips, and recipes to try from the Kidney Community Kitchen.

Presenters

Ella Hua is a Registered Dietitian with the Alberta Kidney Care – South, specializing in renal care.

Lauren Kappahn is a Registered Dietitian and the Community Programs Coordinator - Kidney Foundation.

Christine Nash is a clinical dietitian in nephrology and is Co-Chair of the Canadian Association of Nephrology Dietitians.

Dani Renouf is the Renal Resource Dietitian at St. Paul's Hospital, working with patients, involved in research, and representing provincial dietitians at the level of BC Renal.

Elizabeth Zamajski is a clinical dietitian in nephrology and is Co-Chair of the Canadian Association of Nephrology Dietitians.

How to Register:

- Visit the Kidney Foundation of Canada's webinar page to <https://kidney.ca/Support/Resources/Webinars/all/Webinaires/COVID-19-and-Your-Renal-Diet-What-to-Know>
- Once you register, you will receive an email from Zoom with instructions to join on a computer or by phone.
- To join by computer, follow the link and use the password provided in the email.
- To join by phone, use the dial-in number and meeting ID provided in the email.
- Participants will be muted during the presentation.
- Questions can be asked through the Q&A chat box in the Zoom meeting platform (computer only)
- If you join by telephone only you can send your questions in advance to janice.melanson@kidney.ca
- It is a good idea to test your connections prior to the webinar start time. If you have trouble, send us an email to ITSupport@kidney.ca for support.

The Kidney Foundation would like to thank our sponsors for making the 2020 Kidney Foundation Webinar Series possible.