



## INFO BULLETIN

### Where to access health care in Kingston this weekend

**Kingston, ON – August 18, 2016** – With a busy weekend of events scheduled in the city, Kingston General Hospital (KGH) and Hotel Dieu Hospital (HDH) would like to remind the community as well as the many visitors who will be in Kingston over the next few days where they can access the appropriate medical care if it's required.

#### **WALK-IN CLINICS**

Patients with a non-acute and non-life threatening illnesses or injuries that require access to a medical professional should first consider accessing care at a local walk-in clinic. A number of walk-in clinics are located across Kingston; you can find the closest one by visiting: [www.southeasthealthline.ca](http://www.southeasthealthline.ca)

#### **URGENT CARE CENTRE**

Located at Hotel Dieu Hospital (166 Brock Street), the Urgent Care Centre provides care for patients with injuries or illness that require urgent medical attention that cannot wait for a visit to a family physician. This could include deep cuts and wounds that require stitches, sprains and strains or deep bruises, mild to moderate asthma attacks, infections of the ear, respiratory system or urinary tract, severe diarrhea, insect bites or rashes. The Urgent Care Centre is open every day between 8:00 a.m. and 8:00 p.m.

#### **EMERGENCY DEPARTMENT**

Located at Kingston General Hospital (Entrance to Emergency is off King Street West), the Emergency Department provides care for patients with acute life or limb-threatening illness or injuries or patients who have a high likelihood of requiring hospital admission. This could include severe bleeding, difficulty breathing, chest pain or pressure, trauma to the head, sudden dizziness or difficulty seeing and severe abdominal pain. The Emergency Department is open 24 hours-a-day.

As a reminder for people who will be attending the live broadcast of The Tragically Hip concert in Springer Market Square, a triage tent will be available on Clarence Street for those that require non-urgent medical care.

Patients who are having chest pain or pressure should call 911 immediately. If you're not sure where to go, Telehealth Ontario is available 24 hours-a-day, seven days-a-week and gives you access to a registered nurse who will assess symptoms and help decide what kind of help is needed and where to get it. Phone 1-866-797-0000.

#### **QUOTE:**

"With large crowds expected in the city, we need to ensure that people are accessing the type of care they require in the right place at the right time," says Dr. Karen Graham, Program Medical Director of the Urgent Care Centre at HDH and Emergency Physician at KGH. "We ask that people with less serious illness or injuries seek medical attention in the appropriate place so that the sickest can continue to be seen quickly in the Emergency Department."

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**ABOUT KGH**

*Kingston General Hospital is a community of people dedicated to transforming the patient and family experience through innovative and collaborative approaches to care, knowledge and leadership. As southeastern Ontario's leading centre for complex-acute and specialty care, and home to the Cancer Centre of Southeastern Ontario, KGH serves almost 500,000 people through its Kingston facility and 24 regional affiliate and satellite sites. Fully affiliated with Queen's University, KGH is a research and teaching hospital which is home to more than 2,000 health-care learners and more than 180 health researchers. KGH is ranked as one of Canada's Top 40 Research Hospitals by Research Infosource. To learn more, visit [www.kqh.on.ca](http://www.kqh.on.ca) or join the conversation at [www.kqhconnect.ca](http://www.kqhconnect.ca)*

**ABOUT HOTEL DIEU HOSPITAL**

*Hotel Dieu Hospital is the ambulatory care teaching and research hospital for Kingston and Southeastern Ontario, affiliated with Queen's University. We provide expert care to more than 500,000 people in the region through specialized programs including pediatrics, medicine, ophthalmology, cardiology, urology, surgery, mental health, oncology and urgent care. We deliver quality, safe health care, while advancing innovative research and educating the health care professionals of the future. Leading the transformation of ambulatory care.*