Centre des sciences de la santé de Kingston

## Medical and Family History Questionnaire

IMPORTANT: If your relative was seen for genetic counselling at our clinic or another genetic clinic, you may not need to complete this form. Please call our office prior to filling out this form for additional directions if this applies to you.

Please return your form as soon as possible. Options for returning your form:

1. Email to medical.genetics@kingstonhsc.ca
2. Fax to 613-548-1348
3. Mail to the Division of Medical Genetics (address above)

Name of Patient:
Sex Assigned at Birth (IE: Male/Female/Other): $\qquad$
Gender Identity (IE: Male/Female/Non-Binary/Other): $\qquad$
Preferred Pronouns (IE: He/She/They/Other): $\qquad$
Patient's Date of Birth: $\qquad$ 1 $\qquad$ (dd/mm/yyyy)

Person completing form: $\square$ Patient $\square$ Parent $\square$ Other (specify relationship)

## Tips for Completion:

1. Please reach out to your relatives for details. If you don't have specifics, please fill out as much as you can.
2. Include all biologically related family members, including those that are healthy It is important for us to know the size of your family as part of the assessment.
3. If you have half-siblings, please note the parent that is shared with you/the patient.
4. For our purposes, the terms "Mother/Maternal" and "Father/Paternal" refers to the persons who contributed the egg and sperm to the pregnancy of the patient. We recognize that those individuals may not in fact be the "Mother" and "Father" of the patient as they define their parents. If you do not know this information, that is fine, please indicate that on this form.
5. If you don't know exact ages, please estimate (IE:. diagnosed in their 50s).
6. If you have too many relatives to fit in the space provided, please write any additional family history on a blank sheet of paper and include it when you return this form.
7. Any information shared with us is covered under the Personal Health Information Privacy Act (PHIPA) and will remain confidential, unless mandated otherwise by the Act or other Acts.

## Pregnancy History

Age of patient's pregnant parent at birth: $\qquad$ years old.

During the pregnancy, was there exposure to:
Did the pregnant parent have:

- Cigarettes? $\square$ Yes $\square$ No
- Alcohol? $\square$ Yes $\square$ No
- Medications? $\square$ Yes $\square$ No
- Recreational Drugs? $\square$ Yes $\square$ No
- X-rays? $\square$ Yes $\square$ No
- Diabetes?
$\square$ Yes
No
- High blood pressure?
- Seizures?
- Fever?
- Infection?
- Any pregnancy complications?

Yes

If you answered 'yes' to any of these questions, please provide more details: $\qquad$

Were there any ultrasound concerns during the pregnancy?
If "yes", please explain: $\qquad$
Was genetic testing completed for any reason during the pregnancy? If "yes", please explain: $\qquad$

## Birth History

$\square$ Unknown

Was the patient full term (37+ weeks)? $\square$ Yes
$\square$ No, premature at $\qquad$ weeks

Delivery method:
$\square$ Vaginal

C-section

Complications at delivery? $\quad$ Yes $\square$ No
If "yes", please explain:

## Family History

 $\square$ Unknown| Do any biological relatives have a history of: | Yes | No | Name of relative and relationship |
| :--- | :--- | :--- | :--- |
| Physical differences (eg. cleft palate, hole in the heart, etc) | $\square$ | $\square$ |  |
| Intellectual Disability / Developmental Delay | $\square$ | $\square$ |  |
| Three or more miscarriages | $\square$ | $\square$ |  |
| Stillborn or pregnancy ended due to an abnormality | $\square$ | $\square$ |  |
| Cancer diagnosed under age 50 | $\square$ | $\square$ |  |
| Sudden death under age 50 | $\square$ | $\square$ |  |

## Are your parents related by blood (IE: cousins or second cousins)?

Ancestry in this context refers to either the group or groups that you identify as based on you/your family's origin or background. This can sometimes be captured in a distinct cultural group or may represent the country or countries from which you/your ancestors originated (IE: French Canadian / Indigenous / Ashkenazi Jewish or English / Chinese). Please list as many of these groups that apply to your family. Please note, we are looking for an ancestry other than "Canadian", so if you are unsure, please check that box.
Maternal ancestry* ? $\square$ Unknown
Paternal ancestry*? $\square$ Unknown

| Relative | Name | Sex at Birth | Gender Identity (if different than sex at birth) | Living? Y/N | Age Now or Age at Death (estimate if unsure) | Health and/or Developmental Concerns |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Example | Robin Lee | F |  | $N$ | $65 y$ | Breast Cancer dx at 64 |
| Your Biological ChildrenNone |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Full Siblings (brothers and sisters with the same mom \& dad as you) <br> $\square$ None |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Maternal Half siblings (same mother/egg donor) <br> $\square$ None |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Paternal Half siblings (same father/sperm donor)None |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |


| Maternal Side |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Relative | Name | Sex at Birth | Gender Identity (If different than sex at birth) | Living? Y/N | Age Now or Age at Death (estimate if unsure) | Health and/or Developmental Concerns |
| Mother/egg donor |  |  |  |  |  |  |
| Grandmother |  |  |  |  |  |  |
| Grandfather |  |  |  |  |  |  |
| Aunts and Uncles |  |  |  |  |  |  |
| (If half siblings to |  |  |  |  |  |  |
| parents, please list $\mathrm{M}=\mathrm{mat}, \mathrm{P}=\mathrm{pat}$ ) |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| $\square$ None |  |  |  |  |  |  |


| Paternal Side |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :---: |
| Relative | Name | Sex at <br> Birth | Gender Identity <br> (If different than <br> sex at birth) | Living? <br> Y/N | Age Now or <br> Age at Death <br> (estimate if <br> unsure) | Health and/or Developmental Concerns |  |
| Father/sperm donor |  |  |  |  |  |  |  |
| Grandmother |  |  |  |  |  |  |  |
| Grandfather |  |  |  |  |  |  |  |
| Aunts and Uncles <br> (If half siblings to <br> parents, please list <br> M=mat, $P=$ pat) |  |  |  |  |  |  |  |
| None |  |  |  |  |  |  |  |



| What are some of the <br> concerns/questions you would like <br> addressed/answered at your visit to <br> the Genetics clinic? |  |
| :--- | :--- |
| Has anyone in your family ever had <br> genetic testing? If so, please provide a <br> copy of the report or anything available <br> to you (such as where testing was <br> completed). |  |
| If there is any other relevant <br> information you think we should know, <br> please tell us here. |  |



For questions about email communications, please speak to your care provider.
Email communications must not be used as a substitute for regular clinical examination
It is the patient's responsibility to ensure the hospital retains the correct email address.


It is the patient's responsibility to follow-up to determine whether the intended recipient received the email and that
If your care provider cannot continue to communicate by email with you, he or she will inform you in writing
and/or notify you about this at the time of your next appointment.

 At any time, you or your care provider can decide that you no longer wish to communicate by email. If you decide
 Your care provider may make decisions about your treatment based on information you provide by emall. Your
 viruses into a computer system. Your care provider may choose not to open an email if the email address is not You understand that it is impossible to verify the true identity of the sender. Be aware that email can introduce You understand that the employer (KHSC) and on-line services have a legal right to inspect and keep email that
pass through their system. - ITeur Kq ssnosip ol पsim inherent risks before sending. Please tell your care provider if there are certain types of information you do not communicate emergency or urgent health matters. Always consider the sensitivity of the email content and identity of the sender, or to ensure that only the recipient can read the email once it has been sent Email is easier to falsify than handwritten or signed hardcopies. In addition, it is impossible to verify the true Email is a more permanent form of communication.
 health care provider or patient. Email senders can easily misdirect an email, resulting in it being sent to many


Email messages (email) are not encrypted on the hospital email system, and security and privacy can never be
All agents of the hospital may use the patient's consent for email as outlined in the consent form unless the patient
requests specific restrictions on such use.

