

## **Sugar Study- Female participants needed**

**The Cardiovascular Stress Response lab is interested in measuring the effect of sugar (glucose) on forearm blood flow in women taking birth control pills.**

### **Are you?**

- **Female between the ages of 20 – 29 taking oral contraceptive pills**
- **No history of cardiovascular or metabolic diseases (e.g. stroke, hypertension, diabetes)**
- **Sedentary (Less than 1hr of structured physical activity per week)**
- **Not currently taking prescribed medication, other than oral contraceptive pills**
- **A non-smoker**

**Up to \$120 in compensation**

**This study requires up to four visits, each 3h in length. Each visit involves 2 blood draws and non-invasive blood flow testing using ultrasound technology.**

**Email Jennifer Williams at [12jsw@queensu.ca](mailto:12jsw@queensu.ca) for more information!**